

Be One

Student Guide

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Album: Be One

Curb Records

Song: Be One

Take a few minutes to answer the questions below. These questions are just for you and not to be shared with the group. This survey will help you evaluate how your own Spiritual Growth and relationship with Christ. These things not only affect you but it can be a “miracle” for those God allows our lives to intersect with. Hopefully you will begin to view your life and mission differently. You will not just be looking for miracles, but instead you will **Be One**.

Relationship with Christ

And let us run with endurance the race that God has set before us. We do this by keeping our eyes on Jesus, on whom our faith depends from start to finish (Hebrews 12:1-2).

Rate yourself: How am I doing at being centered on Christ?

| | | | | |
|----------------|-------------------|-------------|--------------------|-----------------|
| 1 | 2 | 3 | 4 | 5 |
| <i>I stink</i> | <i>Not so hot</i> | <i>Okay</i> | <i>Pretty well</i> | <i>Awesome!</i> |

Selfless for one another

Whenever we have the opportunity, we should do good to everyone, especially to our Christian brothers and sisters (Galatians 6:10).

Rate yourself: How am I at putting other's needs before my own?

| | | | | |
|----------------|-------------------|-------------|--------------------|-----------------|
| 1 | 2 | 3 | 4 | 5 |
| <i>I stink</i> | <i>Not so hot</i> | <i>Okay</i> | <i>Pretty well</i> | <i>Awesome!</i> |

Concerned for the lost

But the believers who had fled Jerusalem went everywhere preaching the Good News about Jesus (Acts 8:4).

Rate yourself: Do I reach out to my friends who don't know Jesus?

| | | | | |
|----------------|-------------------|-------------|--------------------|-----------------|
| 1 | 2 | 3 | 4 | 5 |
| <i>I stink</i> | <i>Not so hot</i> | <i>Okay</i> | <i>Pretty well</i> | <i>Awesome!</i> |

Led by the Spirit

But when the Holy Spirit has come upon you, you will receive power... (Acts 1:8).

Rate yourself: Do I rely on the power of the Holy Spirit or my own strength?

| | | | | |
|---------------------|---|---|--------------------------|---|
| 1 | 2 | 3 | 4 | 5 |
| <i>My Own Power</i> | | | <i>Holy Spirit Power</i> | |

Endured through difficulty

But while Peter was in prison, the church prayed very earnestly for him (Acts 12:5).

Rate yourself: How do I respond in difficult times? Do I look to God first for help?

| | | | | |
|-------------------|-------------------|--------------|-------------------------|------------------------|
| 1 | 2 | 3 | 4 | 5 |
| <i>Not at all</i> | <i>Not really</i> | <i>I try</i> | <i>Most of the time</i> | <i>All of the time</i> |

Overcoming relational conflict

Never pay back evil for evil to anyone. Respect what is right in the sight of all men. If possible, so far as it depends on you, be at peace with all men (Romans 12:17-18).

Rate yourself: How am I at resolving conflict?

1 2 3 4 5
Horrible Not great Okay Good Awesome, bring it on!

One Final Thought...

Parable of The Life Saving Station

On a dangerous sea coast where shipwrecks often occur there was once a crude little life-saving station. The building was just a hut, and there was only one boat. But the few devoted members kept a constant watch over the sea, and with no thought for themselves went out day and night tirelessly searching for the lost. Some of those who were saved and various others in the surrounding area wanted to become associated with the station and give of their time and money and effort for the support of its work. New boats were bought and new crews trained. The little life-saving station grew.

Some of the members of the life-saving station were unhappy that the building was so crude and poorly equipped. They felt that a more comfortable place should be provided as the first refuge of those saved from the sea. They replaced the emergency cots with beds and put better furniture in the enlarged building.

Now the life-saving station became a popular gathering place for its members, and they decorated it beautifully and furnished it exquisitely, because they used it as a sort of club. Fewer members were now interested in going to sea on life-saving missions, so they hired life-boat crews to do this work. The life-saving motif still prevailed in this club's decoration, and there was a symbolic life-boat in the room where the club initiations were held.

About this time a large ship was wrecked off the coast, and the hired crews brought in boat loads of cold, wet and half-drowned people. They were dirty and sick and they messed up the beautiful new clubhouse. The property committee soon met and decided to install a shower house outside the club where victims of shipwreck could be cleaned up before coming inside.

At the next meeting, there was a heated discussion which led to a split in the club membership. Most of the members wanted to stop the club's life-saving activities as being unpleasant and a hindrance to the normal social life of the club. But a few of the members insisted upon life-saving as their primary purpose and pointed out that they were still called a life-saving station. But there were voted down and told that if they wanted to save the lives of the people who were shipwrecked in those waters, they could begin their own life saving station down the coast. And they did.

As the years went by, the new station experienced the same changes that had occurred in the old. It evolved into a club, and yet, another life-saving station was founded. History continued to repeat itself, and if you visit that sea coast today, you will find a number of exclusive clubs along that shore. Shipwrecks are frequent in those waters, but most of the people drown!

How does the Life Changing Station apply to your life?

How does the Life Changing Station apply to your church?

What is your primary mission as a Christ Follower?

How can God use your life to be a miracle for someone else?